

Prescriptive Aromatherapy Treatments

A blend of oils made individually for each client, applied using specialised massage techniques

Full body massage including face (1 hr 30)
£35.00

Full body massage excluding face (1 hr 15)
£30.00

Back & neck massage (30 mins)
£20.00

Back, neck, face, scalp & shoulders (45 mins)
£25.00

Aromatherapy facial (45 mins)
to include cleanse, face, neck, shoulder & scalp massage, mask, toning & moisturise
£22.00

Reflexology (1 hour)

Exfoliation and relaxation of the feet, Diagnostics and foot massage to complete treatment
£25.00

Indian Head Massage (45 mins)

A powerful treatment with or without oil, massaging the back, arms, neck, hair, scalp and face
£20.00

Swedish Body Massage

An invigorating massage to relax & unwind

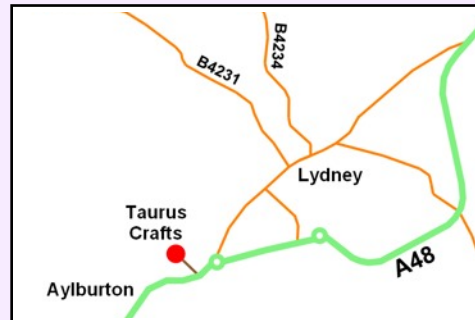
Full body massage (1 hr)
£28.00

Back & neck massage (30 mins)
£18.00

Hopi Ear Candles (1 hour)

A treatment to soothe and relieve ear and sinus conditions, includes a face, head and ear massage
£25.00

How to find us



*Gift Voucher's available.
Valid for 6 months.*



Please note that all treatment times are approximate & may include a consultation.

To avoid a cancellation fee please give 24 hours notice - thank you

The GARDEN RETREAT Health & Beauty



Price List

2011

The Garden Studio, Taurus Crafts,
Lydney Park Estate, Lydney, Glos. GL15 6BU
Tel: 01594 844841 Mobile: 07970 479324
Email: thegardenretreat@btinternet.com

or visit

'Indigo' at unit 6B, Taurus Crafts.

About us

Alison

In creating 'The Garden Retreat' my aim is to offer a comprehensive range of treatments, offered by gifted, motivated therapists in a beautiful location.

I have been involved in health & beauty for 25 years, working in several salons, full time teaching in local colleges and owning a salon near Oxford.

I have a passion for what I do and the best recommendation for continued success is contented clients and that is my 'ethos'.

Welcome to the Garden Retreat. Enjoy....

Opening Times

Monday to Saturday

**Please Note -
Opening times may be
subject to change**

Nail Treatments

Classic Manicure

to include file, buff, cuticle work, Massage & polish
£18.00

Deluxe Manicure

*file, buff, cuticle work, massage, scrub,
choice of luxury masks & polish*
£23.00

Classic Pedicure

Includes file, soak, cuticle work, scrub, massage & polish
£20.00

Deluxe Pedicure

*File, cuticle work, scrub, massage,
choice of luxury masks & polish*
£25.00

Without polish deduct £2.00 each treatment

File and polish £9.00

French polish add ... £2.50

Nail art from £6.50

Eye Treatments

Eyelash perm £20.00

Eyelash tint £10.00

Eyebrow tint £5.00

Eyelash & eyebrow tint £12.00

Eyebrow shape/tidy £6.00

Eyebrow tint & shape £10.00

*A patch test is essential 24-48 hours
prior to a perm or tint appointment*

Facial Treatments

Luxury Facial (1 hour)

*to include cleansing, exfoliation, hot compress,
face, neck & shoulder massage and masks,
all designed for your particular skin type & needs*
£28.00

Mini Facial (30 minutes)

*to include cleanse, tone, moisturise,
exfoliate & mask*
£15.00

Make up session (1 hour)

£25.00

Bridal make up - by arrangement

Waxing

*Using luxury waxes to remove hair,
leaving the skin smooth and
avoiding stubbly re-growth*

Full leg wax (including bikini) £20.00
(deduct £2.00 without bikini)

Half leg wax ... £12.00

Bikini wax £6.00

Underarm wax £5.50

Half leg and bikini £15.00

Half leg, bikini & underarm... £20.00

Lip or chin£5.00

Lip and chin £7.00

Eyebrow wax £6.00