

Welcome to My Personal Sanctuary

TRANSFORM YOUR HOLIDAY RETREAT INTO SOMETHING TRULY SPECIAL

TREATMENTS

personal

MY PERSONAL SANCTUARY EXPRESS ORGANIC FACIAL

Quick fix replenishing treatment, IDEAL FOR ALL SKINS, using natural products, Consists of a deep cleanse, exfoliation, extractions, toning and the option of either massage or mask depending on the client's needs, scalp massage, eye & lip treatments and moist to finish

30min Facial £35

personal

In

MY PERSONAL SANCTUARY ORGANIC FACIAL

Completely snug & relaxing treatment, nourishes and hydrates the skin, IDEAL FOR ALL SKINS, using the green People organic products which are uniquely formulated from botanical plant extracts and certified pure organic essential oils. Consists of a deep cleanse, exfoliation, extractions, toning and drainage massage followed by the detox mask & scalp massage, Hand, eye & lip treatments and moist to finish.

1hr Facial £45

BODY THERAPIES,

MY PERSONAL SANCTUARY DEEP CLEANSING BACK TREATMENT & MASSAGE Using a combination of skin brushing, deep body scrub to exfoliate, and deep tissue massage.

This treatment cleanses the skin and soothes aching muscles in this hard to reach area.

45mins Treat £40

MY PERSONAL SANCTUARY DEEP SEA SALT GLOW (30mins)

A great boost for the skin! An ideal treatment to have before a massage, or as a pre-requisite to a holiday Uses the Body Scrub, combined with the soothing and calming Organic Body Conditioning Lotion for a radiant glow!

30mins Treat £35

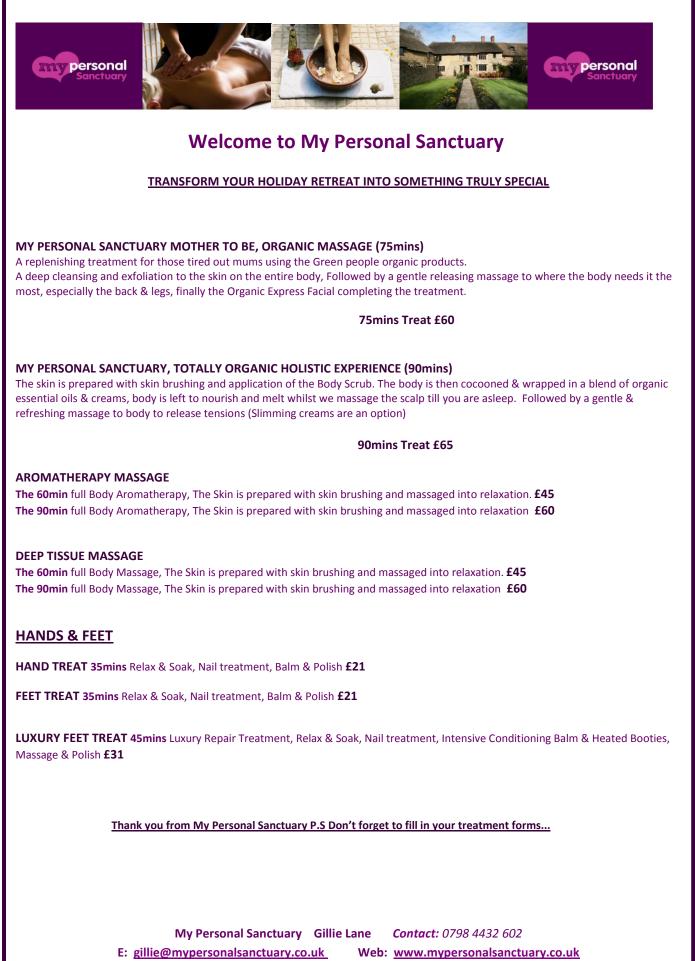
MY PERSONAL SANCTUARY BACK, FACE & SCALP ORGANIC MASSAGE (75mins)

A wonderful treatment concentrating the application of organic products with tension releasing massage where the body needs it most. The skin is prepared by deep cleansing and exfoliating, and then a relaxation massage is performed including pressure point technique on the face and scalp. Finally a luxurious Organic Facial completes this treatment.

75mins Treat £60

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